

SYCAMORE ROOM

(3-4 year old room)

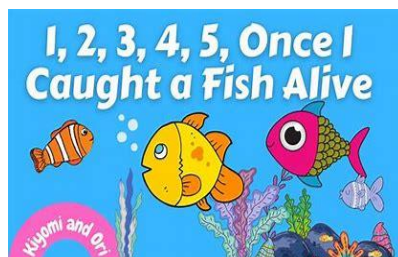
Weeks of 11th November & 17th November 2025

Our RHYME of the fortnight is:

1,2,3,4,5 – Once I caught a fish alive

One, two, three, four, five
Once I caught a fish alive
Six, seven, eight, nine, ten
Then I let it go again

Why did you let it go?
Because it bit my finger so
Which finger did it bite?
This little finger on the right



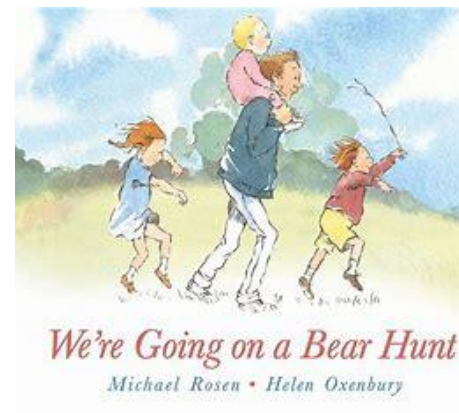
What to do at home together:

- Make 5 fish puppets for you and your child to use when singing the song. Discuss the different types of fish you could make. What names of fish do they know? How do they look the same or different?
- At nursery, we have been watching Blue Planet and learning all about the ocean. Maybe you could watch some of this with your child to learn more about life under the waves! They could even draw a picture of the favourite animal that they see.
- Once familiar, experiment and play around with the words to make up your own rhyme
- Watch the story below and sing the rhyme together again after

<https://www.youtube.com/watch?v=ZhODBFQ2-bQ>

Our BOOK of the fortnight is:

We're Going on a Bear Hunt – Michael Rosen



This book helps to explore repeated refrains and emotions. It is also a great story for deepening children's understanding by asking them questions such as: How is the bear feeling? Why is the bear chasing them? It will look at different elements and geographic locations such as forest, river, cave, beaches, mud flats and snowstorm.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices!

ELM ROOM

(2-3 year old room)

Weeks of 11th November & 17th November 2025

Our RHYME of the fortnight is:

I Had a Little Turtle

I had a little turtle,
His name was Tiny Tim.
I put him in the bathtub,
to see if he could swim.
He drank up all the water,
He ate a bar of soap.
And now he's lying in his bed
With bubbles in his throat.
Bubble, bubble, bubble,
Bubble, bubble, bubble,
Bubble, bubble, bubble,
Bubble, bubble, pop!



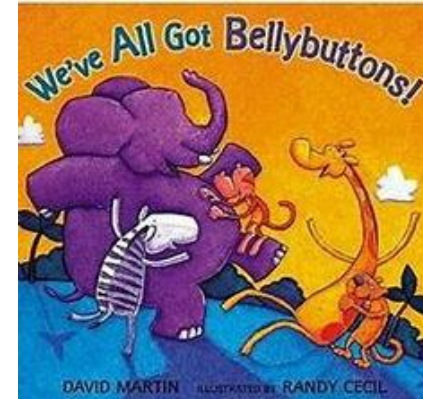
What to do at home together:

- Maybe you could make some simple bubble solution to use when singing the song with your child. See the recipe below:
Mix 4 cups (950 mL) of warm water with 1/2 cup (120 mL) of liquid dish soap and 1/2 cup (100 g) of granulated sugar for an easy bubble solution.
- Using a blanket you could put an item in the middle. Waiting for the 'bubble' refrain, shake the blanket and the item around until it 'pops'.
- Watch the video below and sing the rhyme together

<https://www.youtube.com/watch?v=QjGPmnuAaY>

Our BOOK of the fortnight is:

We've All Got Bellybuttons – David Martin



This book explores how animals can be the same, yet different. It names body parts and their actions. It encourages the children to look at themselves and their friends and how we are all different yet the same.

How to get the most out of reading to young children:

- Be expressive!
- Picture books can be a great way to talk through your child's thoughts and worries, or to help them process their emotions. Give them space to talk, and ask how they feel about the situations in the story. Consider the feelings of the characters.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

WILLOW ROOM

(Under 2's room)

Weeks of 11th November & 17th November 2025

Our RHYME of the fortnight is:

I Had a Little Turtle

Five little ducks went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack, quack,"
But only four little ducks came back.

Four little ducks went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack, quack,"
But only three little ducks came back.

3... 2...

One little duck went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack,"
But no little ducks came swimming back.

Sad mother duck went out one day
Over the hill and far away
The sad mother duck said "Quack, quack, quack,"
And all of the five little ducks came back.

What to do at home together:

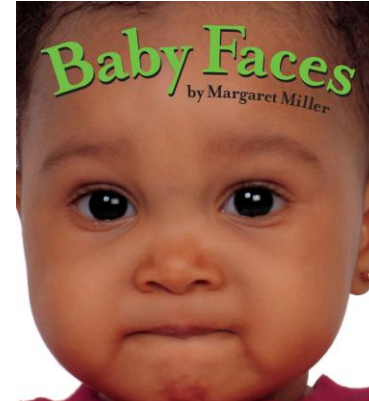
Watch the rhyme here:

<https://www.bing.com/videos/search?q=5+little+ducks+ceebies&&view=detail&mid=F10CE55DED277669D638F10CE55DED277669D638&FORM=VAMGZC>



Our BOOK of the fortnight is:

Baby Faces – Margaret Miller

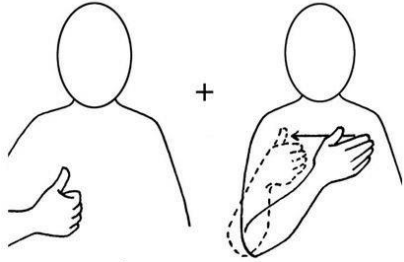


This book catches some of the classic expressions on babies faces: smiles, pouts, wrinkly noses, and more.
Can you copy the faces?

How to get the most out of reading to young children:

- Be expressive and show enjoyment
- Use facial expressions
- Emphasise key words
- Point to what you can see on the page

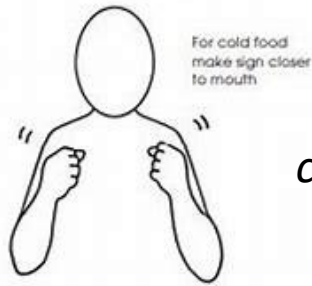
Our Makaton signs this fortnight are:



Good morning



Good afternoon



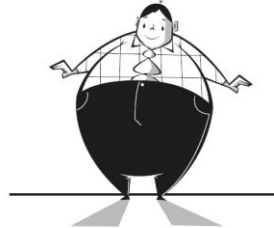
cold

(Always remember to say the word as you sign)

Our Concept Cat signs this fortnight are:



Old
(Week 1)



Fat
(Week 2)

Our UNICEF Right of the fortnight is:



Over the next two weeks, we will be exploring children's right to their own views. The news story this week that will fuel this discussion features the youngest woman to climb the world's fourteen highest mountains!

Article 12

You have the right to give your opinion, and for adults to listen and take it seriously.

2 Snacks Max



Lots more early years health information, activities and recipes can be found on the Startwell website:
<https://startwellbirmingham.co.uk/>



2 Snacks Max encourages children to develop the habit of having a healthy mid-morning and mid-afternoon snack. We know that children have smaller stomachs than adults and need to eat smaller amounts of food regularly. Having 2 healthy snacks in between 3 healthy 'me size meals' will help to ensure that children have enough energy to keep them going throughout the day.